

SWEET RED POPPY SCRUB CAP

PRINTABLE PDF SEWING PATTERN



EVERYTHING YOU NEED TO KNOW

1

PATTERN INCLUDES:

Professionally drafted, one size fits all sewing pattern.

Step-by-step detailed photos and written instructions are also included.

2

TERMS OF USE:

This is a personal use only pattern and it may not be shared or resold. You are welcome to sell scrub caps made from this pattern from home production only.

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SKILL LEVEL: CONFIDENT BEGINNER

This pattern is great for beginners all the way to advanced sewists.

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SUPPLY LIST

- QUILTING COTTON (1/3 YARD FOR LINING, 1/3 YARD FOR MAIN)
- SEWING MACHINE
- IRON & IRONING BOARD
- TAPE
- PAPER & PRINTER
- THREAD
- SCISSORS
- ROTARY CUTTER & ROTARY MAT
- WASHABLE MARKER



LET'S GET STARTED!



STEP #1: PRINT THE PATTERN

Download the pattern to your computer and print the pattern at 100% with no scaling.

Tape the Pattern together by lining up the stars and black lines

STEP #2: CUT OUT PATTERN & FABRIC FOR YOUR SCRUB CAP

Cut along the black line on both pattern pieces.
Layout two pieces of fabric in front of you

Each piece of fabric should be folded in half.
Align the larger edge of the pattern piece with the folded fabric.



Pin it in place and cut around it. Open the remaining fabric and cut the remaining pattern piece out of one layer of the lining and the main fabric.

You should end up with a total of 4 pieces of fabric.



STEP #3: TRANSFER MARKINGS & DARTS

Transfer all markings from the patterns to the fabric with a washable marking pen. The markings will help you to align the pattern pieces together in the following steps.

Fold the fabric in half with right sides facing and pin the darts in place. Starting at the widest point sew the dart following the marking, leave a tail of thread and double knot it to secure the dart. Repeat this on lining fabric as well.

STEP #4: SEW DARTS ON YOUR SCRUB CAP

Press the darts on the main fabric towards the center, press the darts on the lining fabric outwards. This will reduce the bulk when they are placed on top of each other.





STEP #5: ALIGN RIGHT SIDES TOGETHER

Place the tie pattern piece right side up in front of you. Lay the oval-shaped pattern piece on top of it (with right sides facing) aligning the centers and markings together.



Pin the pieces together. Repeat this step with the lining fabric.

STEP #6: SEW TIES TO YOUR SCRUB CAP

Sew the fabrics together using a 3/8" seam allowance backstitch at the beginning and end. Press the seam and repeat with the lining.



Notch the rounded top of the cap on the main and lining fabrics.





STEP #7: SEW LEAVING 3" OPENING

With Right sides together place the lining inside of the main fabric. Line up the ties and the bottom of the cap. Pin everything in place. Leave a 3" opening along the side. Sew all the way around.



STEP #8: TURN YOUR SCRUB CAP RIGHT SIDE OUT

Clip all corners and right-angles. Turn the cap right-side out through the 3" unsewn opening.

Hint: Use a pen or turning tool to push out the straps.



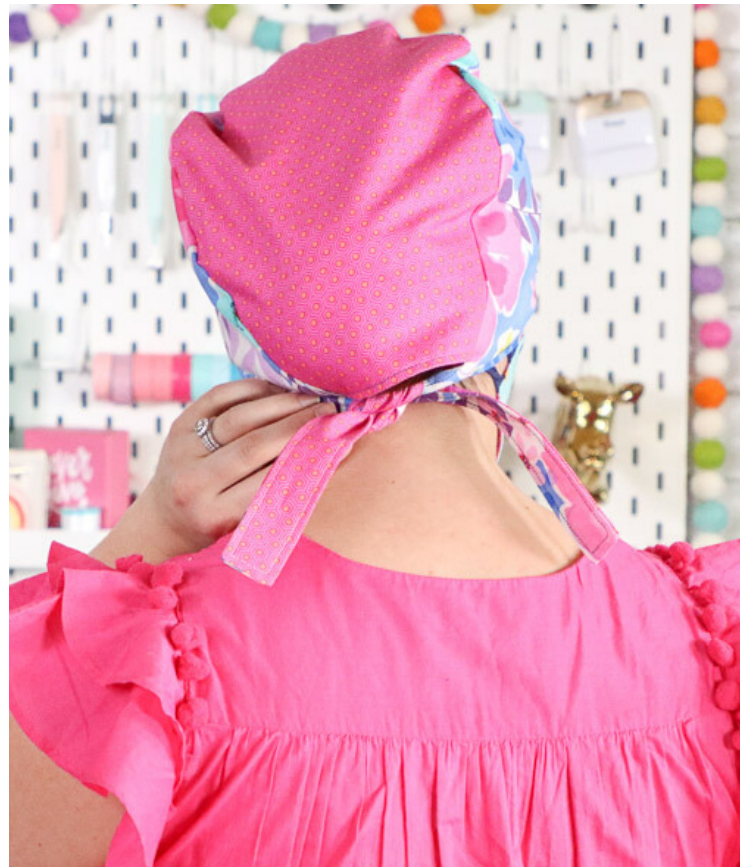
STEP #9: PRESS YOUR SCRUB CAP

Press all of the seams to give the cap a clean finish.



STEP #10: FINISH OPENING & TOPSTITCH YOUR SCRUB CAP

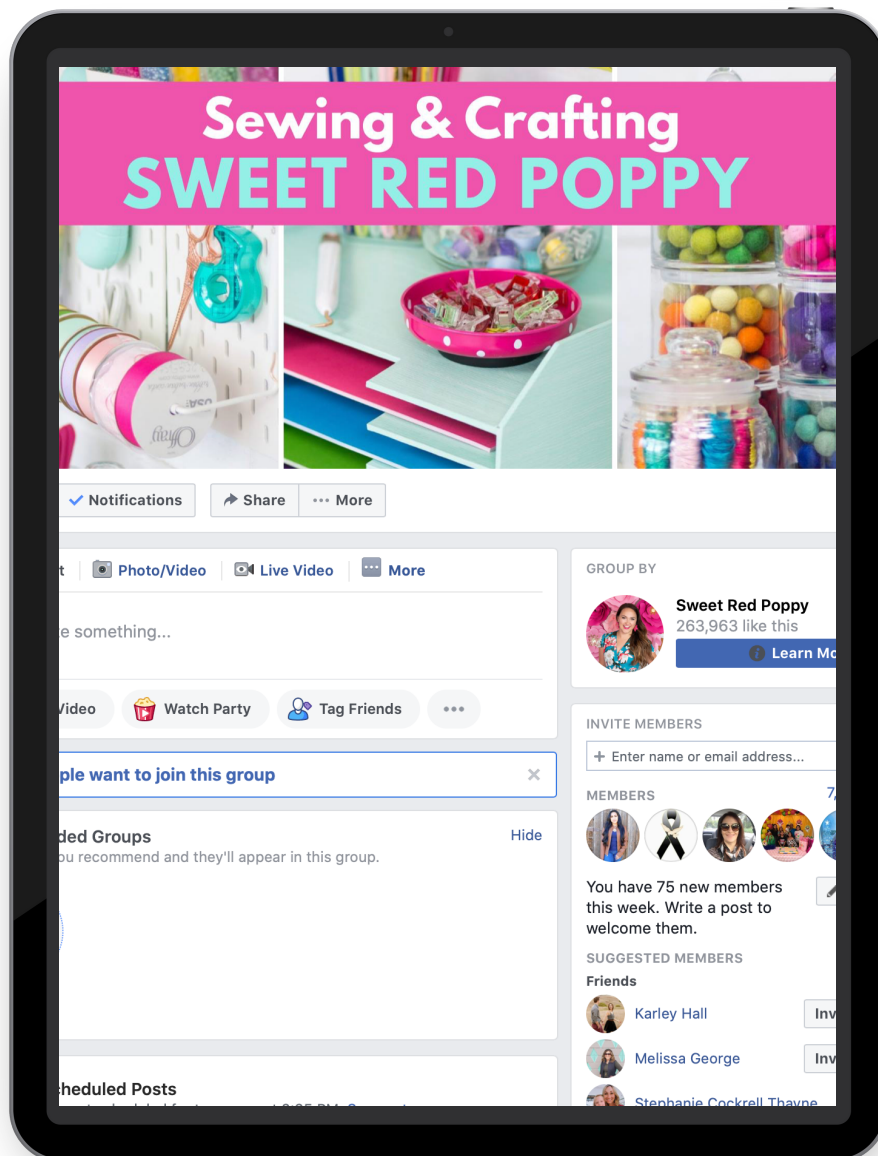
Finish the opening with a slipstitch or by topstitching 1/4" from the edge around the entire cap.



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